

SHADES

BEGINNINGS

New England Clam Chowder

Clams, potatoes, bacon, celery
7

Chicken Quesadilla

Chipotle flour tortilla, grilled chicken, shredded cheese, pico de gallo, sour cream, salsa
10

V Sea Salt Pretzel

Whole grain mustard, local honey butter, house-made beer cheese
8

GF Wings

Choice of mild, hot, ancho, bbq, asian ginger or honey mustard. Served with celery & bleu cheese
8

HANDHELDS

Served with house made chips
Gluten free options available

The Shades Burger

Our signature burger made from grass fed beef and served with house made chips. Lettuce, tomato, red onion, choice of cheese.
12

V The Shroom Burger

Balsamic marinated portabella mushroom, roasted red pepper pesto, tomato, lettuce, caramelized onion
12

The Spectrum Burger

Fried egg, avocado, bacon, lettuce, blue cheese spread
14

The Hot and Spicy Burger

Stuffed with cream cheese and jalepeno peppers, topped with lettuce, tomato and ghost pepper sauce
16

The AO Chicken Sandwich

Grilled chicken, brie, arugula, cranberry apricot chutney
12

Pulled Pork Ruben

Pulled pork topped with house-made coleslaw and cheddar cheese.
14

GREENS

V Spring Salad

Mixed field greens, raspberries, candied walnuts, caprino cheese "croutons", citrus poppy seed dressing
12

Caesar Salad

Fresh chopped romaine, shaved parmesan cheese, house-made garlic croutons
8

GF V Citrus Fennel Salad

Mixed field greens, naval and mandarin oranges, fennel avocado, champagne vinaigrette
12

Add On's

GF Grilled Chicken Breast 4
GF Pan seared salmon 6
GF Grilled shrimp 8

MAIN

New England Fish and Chips

Haddock lightly battered & fried, fries, cole slaw, tartar sauce
15

GF Rib Eye Steak

Espresso rubbed rib-eye, cheddar whipped mashed potatoes, seasonal vegetable
28

Spicy Apricot Chicken

Apricot glazed chicken, cajun mashed potatoes, seasonal vegetable
16

Blackened Salmon

Blackened salmon, avocado salsa, roasted red pepper couscous
20

Baked Lobster Mac & Cheese

Creamy mac & cheese, lobster, panko bread crumbs
18

SIDES

5

Tempura Fries-Sweet potato fries, tempura batter, curry aioli

Sweet Potato Fries-Candied nuts and maple butter drizzle

House Fries-Seasoned with salt and pepper

Please alert your server if you or anyone in your party has a food allergy. Consuming raw or uncooked meats or eggs increases the risk of foodborne illness.